Patient Selection:

- Anti-Aging
  - Fine lines and wrinkles
- Uneven skin tone
- Rough skin texture
- Suitable for a variety of skin types
- Sensitive skin - when primary concern
- Rosacea
- Keratosis Pilaris

Contraindications:

- Pregnancy
- Breastfeeding
- Immune disorders
- Phenol allergy
- Aspirin allergy
- Inflamed skin with open wounds
- Isotretinoin (Accutane®) use in the past 6 months
- Active cold sores or herpes simplex
- Liver condition
- Chemotherapy or radiation in the past 6 months

Review any contraindications with patient and have consent form completed.

VI Peel® Application - To be applied in a practitioner's office only

Step 1 - Cleanse
Cleanse the patient's skin using the VI Derm® Cleanser and make sure all makeup and oils have been removed.

Step 2 - Degrease
Each VI Peel® Box contains 1 Acetone Prep Towelette for each peel patient. Degrease all areas on the skin where the VI Peel® solution will be applied. It is important to remove all oils from the stratum corneum for optimal peel penetration. For those patients with more oily and acneic skin, it is recommended to do extra passes using 100% pure acetone. Apply Vaseline® to lips, corner of eyes and over any permanent makeup as a barrier ointment.

Step 3 - Apply VI Peel® Solution
Use caution when opening. Remove the top. Point the vial away from you and your patient. With your thumb over the top, remove metal seal and gently remove the stopper.

Pour the entire solution into the plastic container provided in the box. Remove the 2x2 gauze from packaging and have it ready for application. You may have a fan available for your patient for comfort.

1st Pass - Apply solution using firm pressure
Fold the 2x2 gauze in half. Dip a portion of the gauze in the solution and squeeze out excess solution. Start at the forehead and apply peel with firm pressure, working down the face and neck area. Once the first pass has been applied, wait a couple of minutes to see how the patient's skin is reacting. Avoid the eyelids and under eye area until the last pass.

2nd Pass - Apply solution using firmer pressure
Apply solution with firmer pressure. If frosting is observed, the application can be slowed down and more time allowed between passes. If it's very light frosting, you may apply over that area again. If there's heavy frosting, avoid that area and continue with the rest of the face or treated area.
Application Protocols

3rd Pass - Apply more vigorously for deeper penetration
Apply vigorously, especially to the areas of concern, such as the fine lines, wrinkles, rougher texture or pigmentation.

4th Pass - Most likely the last pass, (varies from patient to patient).
Continue layering the VI Peel® until you have used all of the solution.

Eye area application - To be completed on the last pass.
For the under eye area, inform the patient to look upward and lightly apply peel solution from tear duct to outer edge of the eye. For the upper eyelid/brow bone area, have the patient close their eyes and lightly apply solution. Never apply to lower eyelid. Use of light pressure is key as the skin in these areas is thinner.

Step 4 - Explain take home kit to patient

Four hours post treatment:
Cleanse the skin with VI Derm® Cleanser (included in the take home kit). Rinse with cool or warm water and pat dry. (NO HOT WATER ON SKIN FOR 7 DAYS).
Apply the 1st towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Advise patient to avoid passing towelette over eyelids and lips. Problem areas may be rubbed more vigorously for best results. The skin should not be cleansed after the towelette application. Patient should wash hands thoroughly after application of towelette. Makeup can be worn. Use the Post Peel Protectant as a moisturizer before applying makeup. NO OTHER personal hydrating products should be applied.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Night 1 - One hour before bedtime:
Cleanse the skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 2nd towelette provided in the post peel package. Remember to wash hands after application.

*If the VI Peel® application was applied later in the evening, the patient may use the 2nd towelette the following morning.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Day 2 - Morning:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm® Post Peel Protectant, wait until it fully absorbs, then Apply VI Derm® SPF 50+. Apply both 2-4 times throughout the day or as often as needed. Makeup can be worn.

Night 2 - One hour before bedtime:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 3rd towelette. Remember to wash hands after application.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant after the towelette has been fully absorbed.

Day 3 - 7:
Morning and night cleanse skin with VI Derm® Cleanser. During the day use the Post Peel Protectant and VI Derm® SPF 50+ as needed. At night use the Post Peel Protectant. Peeling usually begins by Day 3. Once the skin starts peeling instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring or pigmentation. After your patient's skin is done peeling (Day 7), they can go back on their normal VI Derm® skincare routine.

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VI Peel® Precision

**Patient Selection:**
- Anti-Aging
- More mature skin
- Harder to treat wrinkles/fine lines/texture
- Patients who can tolerate the VI Peel®
- Body Peeling
- Suitable for a variety of skin types

**Contraindications:**
- Pregnancy
- Breastfeeding
- Aspirin allergy
- Isotretinoin (Accutane®) use in the past 6 months
- Active cold sores or herpes simplex
- Immune disorders
- Phenol allergy
- Inflamed skin with open wounds
- Liver condition
- Chemotherapy and radiation in the past 6 months

Review any contraindications with patient and have consent form completed.

**VI Peel® Precision Application - To be applied in a practitioner's office only**

**Step 1 - Cleanse**
Cleanse the patient's skin using the VI Derm® Cleanser and make sure all makeup has been removed.

**Step 2 - Degrease**
Each VI Peel® Precision Box contains 1 Acetone Prep Towelette for each peel patient. Degrease all areas on the skin where the VI Peel® solution will be applied. It is important to remove all oils from the stratum corneum for optimal peel penetration. Apply Vaseline® to lips, corner of eyes and over any permanent makeup as a barrier ointment.

**Step 3 - Apply VI Peel® Precision Solution**
Use caution when opening. Remove the top. Point the vial away from you and your patient. With your thumb over the top, remove metal seal and gently remove the stopper. Pour the entire solution into the plastic container provided in the box. Add the Precision booster to solution. Squeeze the sides of the booster vial to release the entire contents of the booster. Mix the solutions together with the top of the booster tube and stir. Remove the 2x2 gauze from packaging and have it ready for application. You may have a fan available for your patient comfort.

**1st Pass - Apply solution using firm pressure**
Fold the 2x2 gauze in half. Dip a portion of the gauze in the solution and squeeze out excess solution. Start at the forehead and apply peel with firm pressure, working down the face and neck area. Once the first pass has been applied wait a couple of minutes to see how the patient's skin is reacting. Avoid the eyelids and under eye area until the last pass.

**2nd Pass - Apply solution using firmer pressure**
Apply solution with firmer pressure. If frosting is observed, the application can be slowed down more time allowed between passes. If it's very light frosting you may apply over that area and continue with the rest of
Application Protocols

the face. If there's heavy frosting, avoid that area and move on to another area.

3rd Pass - Apply more vigorously for deeper penetration
Apply vigorously, especially to the areas of concern, such as fine lines, wrinkles, rougher texture and pigmentation.

4th Pass - Most likely the last pass, (varies from patient to patient).
Continue layering the VI Peel® until you have used all of the solution.

Eye area application - To be completed on the last pass.
For the under eye area, inform the patient to look upward and lightly apply peel solution from tear duct to outer edge of the eye. For the upper eyelid/brow bone area, have the patient close their eyes and lightly apply solution. Never apply to lower eyelid. Use of light pressure is key as the skin in these areas are thinner.

Step 4 - Explain take home kit to patient

Four hours post treatment:
Cleanse the skin with VI Derm® Cleanser (included in the take home kit). Rinse with cool or warm water and pat dry (NO HOT WATER ON SKIN FOR 7 DAYS).
Apply the 1st towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Problem areas may be rubbed more vigorously for best results. Advise patient to avoid passing towelette over eyelids and lips. The skin should not be cleansed after the towelette application. Patient should wash hands thoroughly after application of towelette.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Night 1 - One hour before bedtime:
Cleanse the skin with VI Derm® Cleanser and rinse with cool or warm water and pat dry. Apply the 2nd towelette provided in the post peel package. Remember to wash hands after application.
*If the VI Peel® Precision application was applied later in the evening, the patient may use the 2nd towelette the following morning.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Day 2 - Morning:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm® Post Peel Protectant, wait until it fully absorbs, then Apply VI Derm® SPF 50+. Apply both throughout the day or as often as needed.

Night 2 - One hour before bedtime:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 3rd towelette. Remember to wash hands after application.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant after the towelette has been fully absorbed. Approximately 10 minutes.

Day 3 - 7:
Morning and night cleanse skin with VI Derm® Cleanser. During the day use the Post Peel Protectant and VI Derm® SPF 50+ as needed. At night use the Post Peel Protectant. Peeling usually begins by Day 3. Once the skin starts peeling, instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring or pigmentation. After your patient's skin is done peeling (Day 7), they can go back on their normal VI Derm® skin care routine.

Disclaimer: Protocols are provided as a courtesy from VI Aesthetics. Practitioners should be trained appropriately before attempting to treat patients. It is ultimately the physician's responsibility to decide the course of treatment for their patients.
VI Peel® Precision Plus

Patient Selection:
- Hyperpigmentation
- Melasma
- Sun spots/age spots
- Acne scarring
- Body Peeling
- Suitable for various skin types

Contraindications:
- Pregnancy
- Breastfeeding
- Aspirin allergy
- Isotretinoin (Accutane®) use in the past 3 months
- Active cold sores or herpes simplex
- Immune disorders
- Phenol or Hydroquinone allergy
- Inflamed skin with open wounds
- Liver Condition

Review any contraindications with patient and have consent form completed.

VI Peel® Precision Plus Application - To be applied in a practitioner’s office only

Step 1 - Cleanse
Cleanse the patient's skin using the VI Derm® Cleanser and make sure all makeup has been removed.

Step 2 - Degrease
Each VI Peel® Box contains 1 Acetone Prep Towelette for each peel patient. Degrease all areas on the skin where the VI Peel® solution will be applied. It is important to remove all oils from the stratum corneum for optimal peel penetration. Apply Vaseline® to lips, corner of eyes and over any permanent makeup.

Step 3 - Apply VI Peel® Precision Plus Solution
Use caution when opening. Remove the top. Point the vial away from you and your patient. With your thumb over the top, remove metal seal and gently remove the stopper. Pour the entire solution into the plastic container provided in the box. Add the Precision booster to solution. Squeeze the sides of the booster vial to release the entire contents of the booster. Mix the solutions together with the top of the booster tube and stir. Remove the 2x2 gauze from packaging and have it ready for application. You may have a fan available for your patient for comfort.

1st Pass - Apply solution using firm pressure
Fold 2x2 gauze in half. Dip a portion of the gauze in the solution and squeezed out excess solution. Start at the forehead and apply peel with firm pressure, working down the face and neck area. Once the first pass has been applied wait a couple of minutes to see how the patient’s skin is reacting. Avoid the eyelids and under eye area until the last pass.

2nd Pass - Apply solution using firmer pressure
Apply solution with firmer pressure. If frosting is observed, the application can be slowed down and more time allowed between passes. If it’s very light frosting you may apply over that area and continue with the rest of the face. If there's heavy frosting, avoid that area and move on to another area.
Application Protocols

3rd Pass - Apply more vigorously for deeper penetration
Apply vigorously, especially to the areas of concern, such as stubborn pigmentation, Melasma, sun spots, or acne scarring.

4th Pass - Most likely the last pass, (varies from patient to patient).
Continue layering the VI Peel® Precision Plus until you have used all of the solution.

Eye area application - To be completed on the last pass.
For the under eye area, inform the patient to look upward and lightly apply peel solution from tear duct to outer edge of the eye. For the upper eyelid/brow bone area, have the patient close their eyes and lightly apply solution. Never apply to lower eyelid. Use of light pressure is key as the skin in these areas are thinner.

Step 4 - Explain take home kit to patient
Four hours post treatment:
Cleanse the skin with VI Derm® Cleanser (included in the take home kit). Rinse with cool water and pat dry (NO HOT WATER ON SKIN FOR 7 DAYS).
Apply the 1st darker green towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Problem areas may be rubbed more vigorously for best results.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Night 1 - One hour before bedtime:
Cleanse the skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 1st lime green towelette provided in the post peel package. Wait a half hour and apply the 2nd darker green towelette. Remember to wash hands after each application.

*If the VI Peel® Precision Plus was applied later in the evening, the patient may use the 1st lime green and 2 darker green towelettes the following morning.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the dark green towelette has been fully absorbed.

Day 2 - Morning:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply VI Derm® Post Peel Protectant, wait until it fully absorbs, then Apply VI Derm® SPF 50+. Apply both 2-4 times throughout the day or as often as needed.

Night 2 - One hour before bedtime:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 2nd lime green towelette. Wait a half hour and apply the 3rd darker green towelette. Remember to wash hands after application.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant after the darker green towelette has been fully absorbed. Approximately 10 minutes.

Day 3 - 7:
Morning and night cleanse skin with VI Derm® Cleanser. During the day use the Post Peel Protectant and SPF 50+ as needed. At night use the Post Peel Protectant.
Peeling usually begins by Day 3. Once the skin starts peeling, instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring or pigmentation. After your patient’s skin is done peeling (Day 7), they can go back on their normal VI Derm® skin care routine.

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VI Peel® Purify

**Patient Selection:**
- Acne prone
- Active acne
- Body Peeling
- Suitable for various skin types

**Contraindications:**
- Pregnancy
- Breastfeeding
- Aspirin allergy
- Isotretinoin / Accutane® use in the past 6 months
- Active cold sores or herpes simplex
- Immune disorders
- Phenol
- Inflamed skin with open wounds
- Liver Condition

Review any contraindications with patient and have consent form completed.

**VI Peel® Purify Application - To be applied in a practitioner’s office only**

**Step 1 - Cleanse**
Cleanse the patient's skin using the VI Derm® Cleanser and make sure all makeup has been removed.

**Step 2 - Degrease**
Each VI Peel® Box contains 1 Acetone Prep Towelette for each peel patient. Degrease all areas on the skin where the VI Peel® solution will be applied. It is important to remove all oils from the stratum corneum for optimal peel penetration. Apply Vaseline® to lips, corner of eyes and over any permanent makeup.

**Step 3 - Apply VI Peel® Purify Solution**
Use caution when opening. Remove the white top. Point the vial away from you and your patient. With your thumb over the top, remove metal seal and gently remove the stopper. Pour entire solution into the plastic container provided in the box. Remove the 2x2 gauze from packaging and have it ready for application. You may have a fan available for your patient for comfort.

1st Pass - Apply solution using firm pressure
Fold the 2x2 gauze in half. Dip a portion of the gauze in the solution and squeeze out excess solution. Start at the forehead and apply peel with firm pressure, working down the face and neck area. The area around the eyes is not peeled until the last pass. Once the first pass has been applied wait a couple of minutes to see how the patient's skin is reacting. Avoid the eyelids and under eye area until the last pass.

2nd Pass - Apply solution using firmer pressure
Apply solution with firmer pressure. If frosting is observed, the application can be slowed down and more time allowed between passes. If it's very light frosting you may apply over that area and continue with the rest of the face. If there's heavy frosting, avoid that area and move on to another area.
Application Protocols

3rd Pass - Apply more vigorously for deeper penetration
Apply vigorously, especially to the areas of concern, such as acne or where the patient is prone to acne breakouts.

4th Pass - Most likely the last pass, (varies from patient to patient).
Continue layering the VI Peel® Purify until you have used all of the solution.

Eye area application - To be completed on the last pass.
For the under eye area, inform the patient to look upward and lightly apply peel solution from tear duct to outer edge of the eye. For the upper eyelid/brow bone area, have the patient close their eyes and lightly apply solution. Never apply to lower eyelid. Use of light pressure is key as the skin in these areas are thinner.

Step 4 - Explain take home kit to patient

Four hours post treatment:
Cleanse the skin with VI Derm® Cleanser (included in the take home kit). Rinse with cool water and pat dry. Apply the 1st towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Problem areas may be rubbed more vigorously for best results. The skin should not be cleansed after the towelette application.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Night 1 - One hour before bedtime:
Cleanse the skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry (NO HOT WATER ON SKIN FOR 7 DAYS).
Apply the 2nd towelette provided in the post peel package. Remember to wash hands after application.
*If the VI Peel® Purify was applied later in the evening, the patient may use the 2nd towelette the following morning.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Day 2 - Morning:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm® Post Peel Protectant, wait until it fully absorbs, then Apply VI Derm® SPF 50+. Apply both 2-4 times throughout the day or as often as needed.

Night 2 - One hour before bedtime:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 3rd towelette. Remember to wash hands after application.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant after the towelette has been fully absorbed. Approximately 10 minutes.

Day 3 - 7:
Morning and night cleanse skin with VI Derm® Cleanser. During the day use the Post Peel Protectant and SPF 50+ as needed. At night use the Post Peel Protectant.
Peeling usually begins by Day 3. Once the skin starts peeling instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring or pigmentation. After your patient’s skin is done peeling (Day 7), they can go back on their normal VI Derm® skin care routine.

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VI Peel® Purify with Precision Plus

**Patient Selection:**
- Acne prone with acne scarring
- Acne prone with hyperpigmentation
- Acne prone with Melasma
- Body peeling with acne and acne scarring
- Body peeling with acne and pigmentation
- Suitable for a variety of skin types

**Contraindications:**
- Pregnancy
- Breastfeeding
- Aspirin allergy
- Isotretinoin (Accutane®) use in the past 6 months
- Active cold sores or herpes simplex
- Immune disorders
- Phenol allergy
- Hydroquinone Allergy
- Inflamed skin with open wounds
- Liver condition
- Chemotherapy and radiation in the past 6 months

Review any contraindications with patient and have consent form completed.

**VI Peel® Purify with Precision Plus Application - To be applied in a practitioner’s office only**

**Step 1 - Cleanse**
Cleanse the patient’s skin using the VI Derm® Cleanser and make sure all makeup has been removed.

**Step 2 - Degrease**
Each VI Peel® Box contains 1 Acetone Prep Towelette for each peel patient. Degrease all areas on the skin where the VI Peel® solution will be applied. It is important to remove all oils from the stratum corneum for optimal peel penetration. For those patients with more oily and acneic skin, it is recommended to do extra passes using 100% pure acetone. Apply Vaseline® to lips, corner of the eyes and over any permanent makeup as a barrier ointment.

**Step 3 - Apply VI Peel® Purify Precision Plus Solution**
Use caution when opening. Remove the top. Point the vial away from you and your patient. With your thumb over the top, remove metals seal and gently remove the stopper. Pour entire solution into the plastic container provided in the box. Add the Precision Plus booster to solution. Squeeze the sides to release the entire contents of the booster. Mix the solutions together with the top of the booster tube and stir. Remove the 2x2 gauze from packaging and have it ready for application. You may have a fan available for your patient for comfort.

**1st Pass - Apply solution using firm pressure**
Fold the 2x2 gauze in half. Dip a portion of the gauze in the solution and squeeze out excess solution. Start at the forehead and apply peel with firm pressure, working down the face and neck area. The area around the eyes is not peeled until the last pass. Once the first pass has been applied wait a couple of minutes to see how the patient’s skin is reacting. Avoid the eyelids and under eye area until the last pass.

**2nd Pass - Apply solution using firmer pressure**
Apply solution with firmer pressure. If frosting is observed, the application can be slowed down and more time
Application Protocols

allowed between passes. If it's very light frosting you may apply over that area and continue with the rest of the face. If there's heavy frosting, avoid that area and move on to another area.

3rd Pass - Apply more vigorously for deeper penetration
Apply vigorously, especially to the areas of concern, such as acne or acne scarring.

4th Pass - Most likely the last pass, but varies from patient to patient
Continue layering the VI Peel® Purify with Precision Plus until you have used all of the solution.

Eye area application - To be completed on the last pass.
For the under eye area, inform the patient to look upward and lightly apply the peel solution from tear duct to outer edge of the eye. For the upper eyelid, have the patient close their eyes and gently apply solution.

Step 4 - Explain take home kit to patient
Four hours post treatment:
Cleanse the skin with VI Derm® Cleanser (included in the take home kit). Rinse with cool or warm water and pat dry (NO HOT WATER ON SKIN FOR 7 DAYS).
Apply the 1st darker green towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Problem areas may be rubbed more vigorously for best results. Advise patient to avoid passing towelette over eyelids and lips. The skin should not be cleansed after the towelette application. Patient should wash hands thoroughly after application of towelette.
IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Night 1 - One hour before bedtime:
Cleanse the skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 1st lime green towelette provided in the post peel package. Wait a half hour and apply the 2nd darker green towelette.
*If the VI Peel® Purify with Precision Plus was applied later in the evening, the patient may use the 1st lime green towelette and the 2nd darker green towelette the following morning. Remember to wash hands after application.
IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the last darker green towelette has been fully absorbed.

Day 2 - Morning:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm® Post Peel Protectant, wait until it fully absorbs, then Apply VI Derm® SPF 50+. Apply both 2-4 times throughout the day or as often as needed.

Night 2 - One hour before bedtime:
Cleanse skin with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 2nd lime green towelette. Wait a half hour and apply the 3rd darker green towelette. Remember to wash hands after application.
IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the last darker green towelette has been fully absorbed.

Day 3 - 7:
Morning and night cleanse skin with VI Derm® Cleanser. During the day use the Post Peel Protectant and VI Derm® SPF 50+ as needed. At night use the Post Peel Protectant. Peeling usually begins by Day 3. Once the skin starts peeling, instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring or pigmentation. After your patient's skin is done peeling (Day 7), they can go back on their normal VI Derm® skincare routine.

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VI Peel® Hand Protocol with Precision or Precision Plus

**Patient Selection:**
- Anti-Aging
- Pigmentation
- Tone/Texture
- Sun spots/Age spots

**Contraindications:**
- Pregnancy
- Breastfeeding
- Aspirin allergy
- Isotretinoin (Accutane®) use in the past 6 months
- Active cold sores or herpes simplex
- Hydroquinone Allergy
- Immune disorders
- Phenol allergy
- Inflamed skin with open wounds
- Liver condition
- Chemotherapy or radiation in the past six months

Review any contraindications with patient and have consent form completed.

**Precaution:** A maximum of 2 vials can be done during 1 treatment. Never apply more than 2 vials within 48 hour due to toxicity. **

**VI Peel® Hand Protocol with Precision or Precision Plus Application** - To be applied in a practitioner’s office only

**Step 1 - Cleanse**
Cleanse the patient's hands using the VI Derm® Cleanser and make sure all debris is removed.

**Step 2 - Degrease**
Each VI Peel® Box contains 1 Acetone Prep Towelette for each peel patient. Degrease all areas on the hands where the VI Peel® solution will be applied. It is important to remove all oils from the stratum corneum for optimal peel penetration. Apply Vaseline® on nails and webbing of fingers.

**Step 3 - Apply VI Peel® Precision or Precision Plus Solution**
Use caution when opening. Remove the top. Point the vial away from you and your patient. With your thumb over the top, remove metals seal and gently remove the stopper. Pour entire solution into the plastic container provided in the box. Add the Precision or Precision Plus booster to solution, if applicable. Squeeze the sides to release the entire contents of the booster. Mix the solutions together with the top of the booster tube and stir. Remove the 2x2 gauze from packaging and have it ready for application. You may have a fan available for your patient for comfort.

1st Pass - Apply solution using firm pressure
Apply peel with firm pressure on the back of the hands including fingers. Avoid nail area and webbing in between fingers. Fold the 2x2 gauze. Dip a portion of the gauze in the solution and squeeze out excess solution. Once the first pass has been applied wait a couple of minutes to see how the patient's skin is reacting.

2nd Pass - Apply solution using firmer pressure
Apply solution with firmer pressure. If frosting is observed, the application can be slowed down and more time allowed between passes. If it's very light frosting you may apply over that area and continue with the rest of the hands.
Application Protocols

3rd Pass - Apply more vigorously for deeper penetration
Apply vigorously especially to the areas of concern.

4th Pass - Most likely the last pass, but varies from patient to patient
Continue layering the VI Peel® with Precision or Precision Plus until you have used all of the solution.
*Instruct the patient to wear latex or nitrile gloves for 30-60 minutes after the peel treatment for optimal results.

Step 4 - Explain take home kit to patient
Four hours post treatment:
Cleanse the hands with VI Derm® Cleanser (included in the take home kit). Rinse with cool or warm water and pat dry (NO HOT WATER ON SKIN FOR 7 DAYS).
Apply the 1st darker green towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Advise patient to avoid passing towelette over eyelids and lips. Patient should avoid washing or wetting treated area of hands for up to 1 hour.
IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Night 1 - One hour before bedtime:
Cleanse the hands with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 1st lime green towelette provided in the post peel package, if applicable. Wait a half hour and apply the 2nd darker green towelette. Patient should avoid washing or wetting treated area of hands for up to 1 hour. Use 2nd green towelette only if Precision Peel used.
IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the 2nd darker green towelette has been fully absorbed.

Day 2 - Morning:
Cleanse hands with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm® Post Peel Protectant, wait until it fully absorbs then Apply VI Derm® SPF 50+. Apply both 2-4 times throughout the day or as often as needed.

Night 2 - One hour before bedtime:
Cleanse the hands with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 2nd lime green towelette, if applicable. Wait a half hour and apply the 3rd darker green towelette.
IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the last darker green towelette has been fully absorbed.

Day 3 - 7:
Morning and night cleanse the hands with VI Derm® Cleanser. During the day use the Post Peel Protectant and VI Derm® SPF 50+ as needed. At night use the Post Peel Protectant.
Once the hands start peeling, instruct your patient not to peel or pick at their skin. This is very important because they don't want to cause irritation, scarring or pigmentation. After your patient's skin is done peeling, they can go back on their normal VI Derm® skincare routine.
*Recommend patients to wear lightweight gloves to protect during 7 day exfoliation process to help prevent hyperpigmentation.

Disclaimer: Protocols are provided as a courtesy from VI Aesthetics. Practitioners should be trained appropriately before attempting to treat patients. It is ultimately the physician's responsibility to decide the course of treatment for their patients.
VI Peel® Décolleté Protocol with Precision or Precision Plus

**Patient Selection:**

- Anti-Aging
- Pigmentation
- Tone/Texture
- Sun spots/ Age spots

**Contraindications:**

- Pregnancy
- Breastfeeding
- Aspirin allergy
- Isotretinoin (Accutane®) use in the past 6 months
- Active cold sores or herpes simplex
- Immune disorders
- Phenol allergy
- Hydroquinone Allergy
- Inflamed skin with open wounds
- Liver condition
- Chemotherapy or radiation in the past six months

Review any contraindications with patient and have consent form completed.

**Precaution: A maximum of 2 vials can be done during 1 treatment. Never apply more than 2 vials within 48 hour due to toxicity.**

**VI Peel® Décolleté Protocol with Precision or Precision Plus Application - To be applied in a practitioner’s office only**

**Step 1 - Cleanse**

Cleanse the patient's décolleté using the VI Derm® Cleanser and make sure all debris is removed.

**Step 2 - Degrease**

Each VI Peel® Box contains 1 Acetone Prep Towelette for each peel patient. Degrease the décolleté where the VI Peel® solution will be applied. It is important to remove all oils from the stratum corneum for optimal peel penetration. For those patients with more oily and acneic skin, it is recommended to do extra passes using 100% pure acetone.

**Step 3 - Apply VI Peel® Precision or Precision Plus Solution**

Use caution when opening. Remove the top. Point vial away from you and your patient. With your thumb over the top, remove metal seal and gently remove the stopper. Pour entire solution into the plastic container provided in the box. Add the Precision or Precision Plus booster to solution. Squeeze the sides to release the entire contents of the booster. Mix the solutions together with the top of the booster tube and stir. Remove the 2x2 gauze from packaging and have it ready for application. You may have a fan available for your patient for comfort.

**1st Pass - Apply solution using firm pressure**

Fold the 2x2 gauze in half. Dip a portion of the gauze in the solution and squeeze out excess solution. Apply the peel with firm pressure. Once the first pass has been applied wait a couple of minutes to see how the patient’s skin is reacting.

**2nd Pass - Apply solution using firmer pressure**

Apply solution with firmer pressure. If frosting is observed, the application can be slowed down and more time allowed between passes. If it’s very light frosting you may apply over that area and continue with the rest of the
Application Protocols

décolleté. If there's heavy frosting, avoid that area.

3rd Pass - Apply more vigorously for deeper penetration
Apply vigorously, especially to the areas of concern.

4th Pass - Most likely the last pass, but varies from patient to patient
Continue layering the VI Peel® with Precision or Precision Plus until you have used all of the solution.

Step 4 - Explain take home kit to patient

Four hours post treatment:
Cleanse the décolleté with VI Derm® Cleanser (included in the take home kit). Rinse with cool or warm water and pat dry (NO HOT WATER ON SKIN FOR 7 DAYS).
Apply the 1st darker green towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Problem areas may be rubbed more vigorously for best results. The skin should not be cleansed after the towelette application. Patient should wash hands thoroughly after application of towelette.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Night 1 - One hour before bedtime:
Cleanse the décolleté with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 1st lime green towelette provided in the post peel package, if applicable. Wait a half hour and apply the 2nd darker green towelette. Remember to wash your hands after application.
*If the VI Peel® Precision or VI Peel® Precision Plus was applied later in the evening, the patient may use the 2nd towelette the following morning.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the last darker green towelette has been fully absorbed.

Day 2 - Morning:
Cleanse décolleté with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm® Post Peel Protectant, wait until it fully absorbs, then Apply VI Derm® SPF 50+. Apply both 2-4 times throughout the day or as often as needed.

Night 2 - One hour before bedtime:
Cleanse the décolleté with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 2nd lime green towelette, if applicable. Wait a half hour and apply the 3rd darker green towelette. Remember to wash your hands after application.

IMPORTANT - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the last darker green towelette has been fully absorbed.

Day 3 - 7:
Morning and night cleanse the décolleté with VI Derm® Cleanser. During the day use the Post Peel Protectant and VI Derm® SPF 50+ as needed. At night use the Post Peel Protectant.
Once the décolleté starts peeling instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring or pigmentation. After your patient's skin is done peeling, they can go back on their normal VI Derm® skincare routine.

Disclaimer: Protocols are provided as a courtesy from VI Aesthetics. Practitioners should be trained appropriately before attempting to treat patients. It is ultimately the physician's responsibility to decide the course of treatment for their patients.
VI Peel® Body Protocol with Precision or Precision Plus

**Patient Selection:**
- Acne
- Anti-Aging
- Keratosis Pilaris
- Pigmentation
- Tone/Texture
- Sun spots/Age spots

**Contraindications:**
- Pregnancy
- Breastfeeding
- Aspirin allergy
- Isotretinoin (Accutane®) use in the past 6 months
- Active cold sores or herpes simplex
- Immune disorders
- Phenol allergy
- Hydroquinone Allergy
- Inflamed skin with open wounds
- Liver condition
- Chemotherapy or radiation in the past six months

Review any contraindications with patient and have consent form completed.

**Precaution:** A maximum of 2 vials can be done during 1 treatment. Never apply more than 2 vials within 48 hours due to toxicity. **Have the patient wear loose clothing.

VI Peel® Décolleté Protocol with Precision or Precision Plus Application - To be applied in a practitioner’s office only

**Step 1 - Cleanse**
Cleanse the patient’s body parts being treated using the VI Derm® Cleanser and make sure all debris is removed.

**Step 2 - Degrease**
Each VI Peel® Box contains 1 Acetone Prep Towelette for each peel patient. Degrease all areas of the skin where the VI Peel® solution will be applied. It is important to remove all oils from the stratum corneum for optimal peel penetration. For those patients with more oily and acneic skin, it is recommended to do extra passes using 100% pure acetone.

**Step 3 - Apply VI Peel® Precision or Precision Plus Solution**
Use caution when opening. Remove the white top. Point vial away from you and your patient. With your thumb over the top, remove metal seal and gently remove the stopper. Pour entire solution into the plastic container provided in the box. Add the Precision or Precision Plus booster to solution. Squeeze the sides to release the entire contents of the booster. Mix the solutions together with the top of the booster tube and stir. Remove the 2x2 gauze from packaging and have it ready for application. You may have a fan available for your patient for comfort.

1st Pass - Apply solution using firm pressure
Apply peel with firm pressure on the body using 2x2 gauze. Once the first pass has been applied wait a couple of minutes to see how the patient’s skin is reacting.

2nd Pass - Apply solution using firmer pressure
Apply solution with firmer pressure. If frosting is observed, the application can be slowed down and more time allowed between passes. If it’s very light frosting you may apply over that area. If there’s heavy frosting, avoid that area.
**Application Protocols**

3rd Pass - Apply more vigorously for deeper penetration
Apply vigorously, especially to the areas of concern.

4th Pass - Most likely the last pass, but varies from patient to patient
Continue layering the VI Peel® with Precision or Precision Plus until you have used all of the solution.

**Step 4 - Explain take home kit to patient**

Four hours post treatment:
Cleanse the body with VI Derm® Cleanser. Rinse with cool or warm water and pat dry (NO HOT WATER ON SKIN FOR 7 DAYS).
Apply the 1st darker green towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Problem areas may be rubbed more vigorously for best results. Advise patient to avoid passing towelette over eyelids and lips. The skin should not be cleansed after the towelette application. Patient should wash hands thoroughly after application of towelette.

**IMPORTANT** - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the towelette has been fully absorbed.

Night 1 - One hour before bedtime:
Cleanse the body with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 1st lime green towelette provided in the post peel package, if applicable. Wait a half hour and apply the 2nd darker green towelette. Remember to wash your hands after application. Use 2nd green towelette only if Precision Peel used.

**IMPORTANT** - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the 2nd towelette has been fully absorbed.

Day 2 - Morning:
Cleanse body with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm® Post Peel Protectant, wait until it fully absorbs, then Apply VI Derm® SPF 50+. Apply both 2-4 times throughout the day or as often as needed.

Night 2 - One hour before bedtime:
Cleanse the body with VI Derm® Cleanser. Rinse with cool or warm water and pat dry. Apply the 2nd lime green towelette, if applicable. Wait a half hour and apply the 3rd darker green towelette. Remember to wash your hands after application.

**IMPORTANT** - Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant approximately 10 minutes after the last towelette has been fully absorbed.

Day 3 - 7:
Morning and night cleanse the body with VI Derm® Cleanser. During the day, use the Post Peel Protectant and VI Derm® SPF 50+ as needed. At night use the Post Peel Protectant.
Once the body starts peeling instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring or pigmentation. After your patient's skin is done peeling, they can go back on their normal VI Derm® skincare routine.

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